



## Handgun III

### Course Syllabus

#### PREREQUISITES & REQUIREMENTS:

1. Personal handgun or rented handgun from Freedom Armory
2. 300 rounds of ammunition (purchased separately from class registration)
3. Two functioning magazines with belt case
4. Ear and eye protection (loaners available in class if needed)

#### OBJECTIVES:

Handgun III expands on the foundational manipulation and marksmanship skills introduced in Handgun II by applying them in realistic, context-driven scenarios. Handgun II teaches the core handgun handling techniques, correct loading procedures, emergency and tactical reloads, malfunction clearance, dynamic trigger manipulation and reset, and efficient target transitions, and Handgun III increases the speed and complexity of those applications while introducing decision-making under stress. Whether your goal is personal defense or competitive performance in action pistol events, this course will significantly elevate your skill, confidence, and speed with the handgun.

*Upon course completion attendees will:*

- 1) Review of Classroom Safety Rules, Medical emergency plan, and Safety Plan
- 2) Review fundamentals of "Handgun II"
  - a) Review Grip
  - b) Review Stance
  - c) Understanding of Sight Alignment / Sight Picture
  - d) Respiratory Control
  - e) Trigger manipulation
- 3) Context Driven Training Manipulation Drills
  - a) Fundamental Assessments – Drills 1 - 3
  - b) Trigger Manipulation Review – Drills 4 - 8
  - c) Magazine Changes – Drills 9 - 10
  - d) One Hand Shooting, Loading – Drills 11 - 14
  - e) Movement & Target Transitions – Drills 15 - 22

#### COURSE OUTLINE

**00:00-00:20**

Introductions and paperwork

- **WEAPONS CLEAR**
  - Instructor visually, mechanically, and manually inspect each firearm
  - Until students go to the range Ammo remains separated from firearms

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- Why did everyone sign up for the class?
- Review of Classroom Safety Rules, Medical Emergency Plan, and Safety Plan

**00:20-01:00**

- Classwork & information review Handgun II
  - Grip
  - Stance
  - Understanding of Sight Alignment / Sight Picture
  - Respiratory/Breathing Control
  - Trigger manipulation

**01:00-01:15 Break**

**01:15-03:45 Range Time**

- Range Drills

**03:45-04:00**

- Debrief
  - Questions comments concerns?
  - Discuss additional resources and continuing education classes

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